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NEWS

De Gustibus à la Français

A cooking school with a theatrical bent, De Gustibus is focusing on classic French fare in a special class next Monday with Executive Chef Matthew Aita of Le Philosophe.



Le Philosophe

De Gustibus prides itself not only on teaching culinary excellence, but in providing culinary experiences. Taking a class at De Gustibus is like hanging out with a first-rate chef who takes guests along, step by step, for the ride to deliciousness. De Gustibus offers wine tastings, demonstration classes and hands-on classes, all lead by experts in their chosen realm.

Next Monday, October 21, at 5:30 p.m., De Gustibus is hosting Matthew Aita, Executive Chef at Le Philosophe, the Noho French restaurant earning all sorts of positive reviews for Aita's artistry. Using classic French dishes

as his blank canvas, Aita uses his own sophisticated culinary palette to create each dish with a flair that appeals to the contemporary palate.

Growing up in Philadelphia, Aita worked his way up through the restaurant world, relocating to New York in his mid-twenties. He learned classic French techniques through stints at the likes of Café Boulud and the kitchens of Jean-Georges. At Le Philosophe, Aita's finesse in reinterpreting Parisian cuisine has drawn raves from critics writing for the *New York Times*, the *New Yorker*, the *Village Voice* and *New York* magazine.

In Monday's class, Aita will walk the class through his versions of French culinary masterpieces via the following menu:

- Gourgères
- Leeks vinaigrette
- Trout Véronique
- Duck à l'orange with pomme mousseline and turnips
- Profiteroles with salted caramel ice cream

Tickets are \$95 each and can be purchased by calling (212) 239-1652 or by visiting degustibusnyc.com.

Attending Monday's class at De Gustibus will not only enlighten you with a fresh take on classic French fare, but will leave you indisputably satiated, as the excellent eats will be, well, eaten—and well eaten, no doubt. The evening promises to be *délicieux!*

Tags: De Gustibus, New York City, French cuisine, Le Philosophe, Premier Traveler

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